Beyond Compliance: Best Practices for Designing Inclusive Products



Hannah Wagner
In-Vehicle Accessibility & Inclusive Design Lead,
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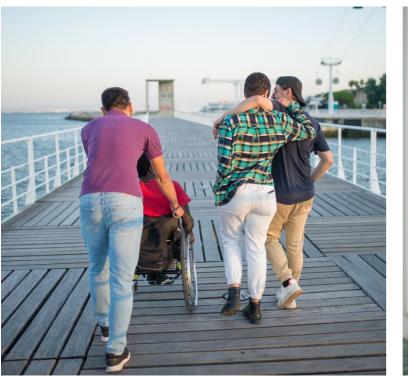


everybody in.



We pioneer the innovations that move and connect people to what matters.









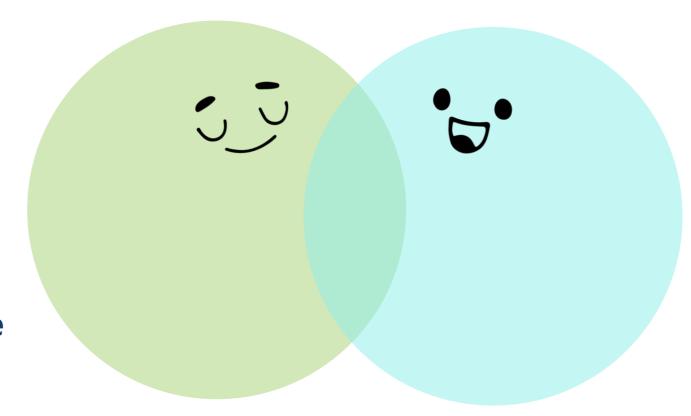


"Almost every one of us will be permanently or temporarily disabled at some point in life ."



Margaret Chan
Director General of WHO (2007-17)

Partners in A11y Justice



ADA Compliance

- Rooted in Regulation
- Mostly Pre-Defined

Inclusive Design

- Rooted in Empathy
- To be Explored

What is Inclusive Design?



"Inclusive design doesn't mean you're designing one thing for all people. You're designing a diversity of ways to participate so that everyone has a sense of belonging."

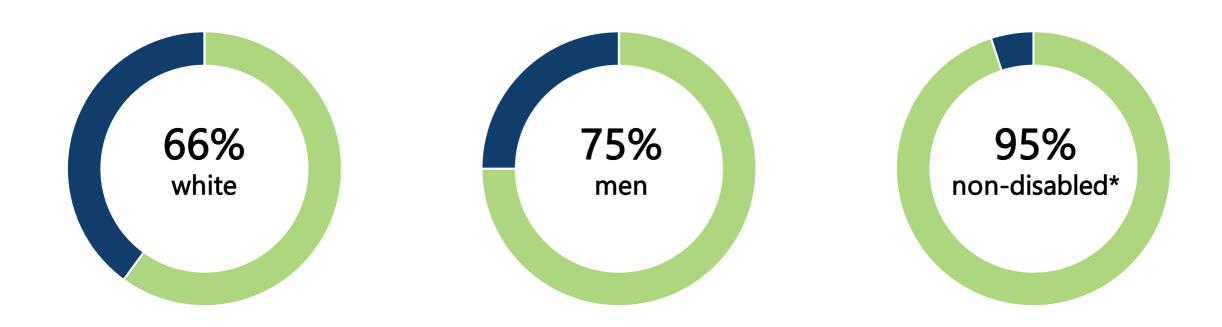


Susan GoltsmanFounding principal of MIG Inc.

The Inaccessibility Cycle



White, non-disabled men are dominating in Tech (and Buying Power)



^{*}Very little data is out there about people with disabilities in tech because many tech companies don't report that figure. I used GM because we do provide that data. About 5% of new hires self-identify as disabled at GM in 2021. Clearly, we still have a long way to go.

1. Focus on exceptional cases.

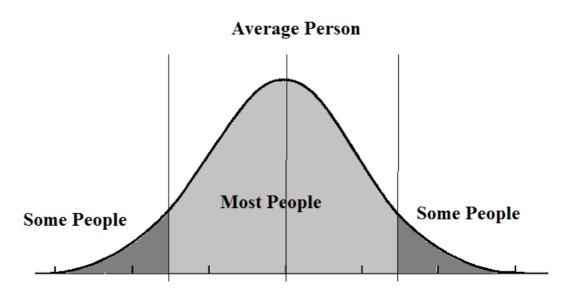


The Downfall of Designing for "Normal"

... solutions that are for everyone and no one.



USAF designed their first cockpit in 1926 based on the averaged physical dimensions of hundreds of male pilots.



Reframing How We Think About Solutions

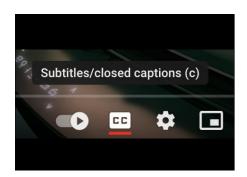
Ask questions like:

- How can we design for individual fit?
- How can we create solutions that change over time with our users?
- Design for one, extend to many.

INCLUSION IS DESIGNING THE FUTURE RRRR Learn from Recognize Solve for one. exclusion. diversity. extend to many. Figure 9.2 The three principles of inclusive design.

Example from *Mismatch* by Kat Holmes

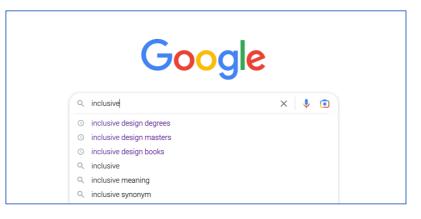
Designing for edge cases helps us innovate.













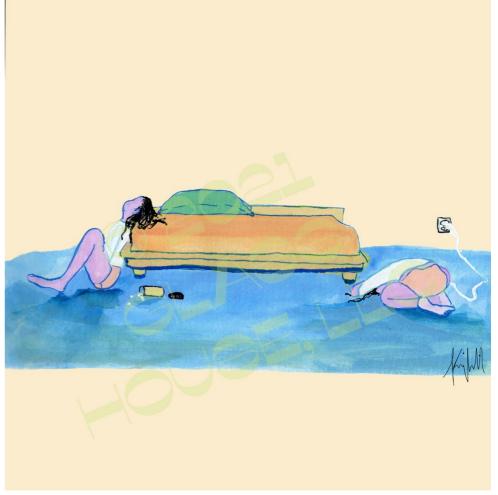






2. Design with, and not for.





Etsy Artist: GlasshousebyKai



What is Co-Design?

Co-Design is the method of actively including those with lived experience into (and ideally throughout) the design process.

- When we involve others in the design process, it returns dignity, power, and choice to the people.
- Co-Design is a process, not an event.
- Once people with lived experience are no longer in the room, they no longer have a voice.
- Ideally, we are also held accountable by the community.
- Co-design does *not* include gaining feedback to justify decisions that have already been made.
- Co-design is based on cooperation, not extraction or transaction.



The Pitfalls of Designing in a Vacuum



Getting it Right

The result is more innovative, inclusive, adaptive, and resilient designs.

Empathy Pivot or Refine Define the Problem **Test Again Seek Feedback Ideate Create (Lo Fi) Prototype**

Quant vs. Qual

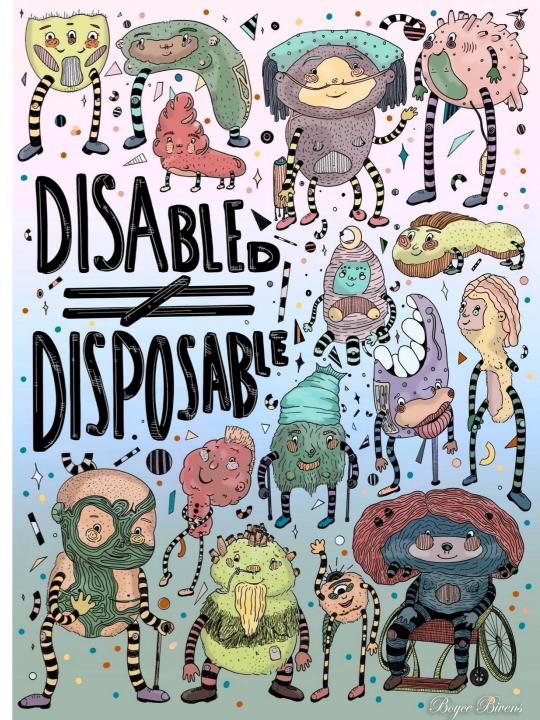
- or -

'The What' vs. 'The Why'

Avoid Shortcuts

Nothing replaces working directly with people who have a real, lived experience. While the following sources may be useful supplementally, they cannot substitute a real lived experience:

- ChatGPT (or other AI)
- Experts
- Caregivers
- Online Research
- Quantitative Data
- Disability Simulation
- User Personas



3. Slow down.



Artist: 58 Creativity

What if I say the wrong thing and offend someone?

Am I the right person to be speaking up?

Am I asking the

right questions?

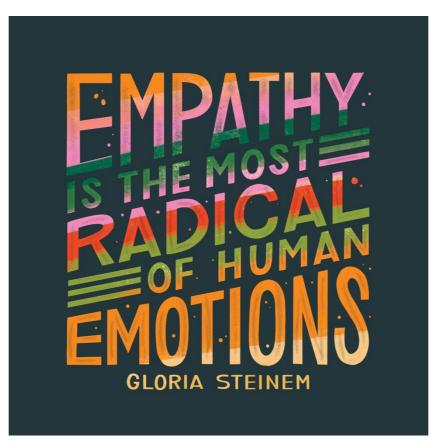
What if I act awkward and embarrass myself?

> I don't know the right terminology.

How do I find disabled people to talk with?

What if our concept isn't received well by the disability community?

Start with empathy.



Etsy Artist: RachelELettering

Familiarize, humanize, and engage (appropriately).

"When a flower doesn't bloom, you fix the environment in which it grows, not the flower."



Alexander Den Heijer Dutch Speaker /Writer

Think it through.

- Follow current disability etiquette
- Be sensitive to the disabled cultural climate
- The tone you set (internally and externally) is paramount:
 - ✓ *Don't inspirationalize*. People with disabilities don't need or want praise for living their lives
 - ✓ Don't pity. Disabilities in and of themselves are not sad or tragic
 - ✓ *Don't patronize*. Don't talk to people with disabilities like they are children



Etsy Artist: AQuietRiot

Have a 'get it right' over 'get it done' attitude.

- Make sure you're pursuing accessibility and inclusion for the right reasons
- Fostering trusting, cooperative relationships takes time
- Build in time for empathy and feedback from the start
- Actively look for knowledge gaps
- Don't force a solution listen for it



4. Design Principles



Be mindful of assumptions and hidden biases.

Ask yourself:

- Who am I excluding?
- Do I really know _____ is true, or am I making assumptions?
- Have I asked more than one person with a lived experience about this?



Pursue bite-sized, but ambitious goals.

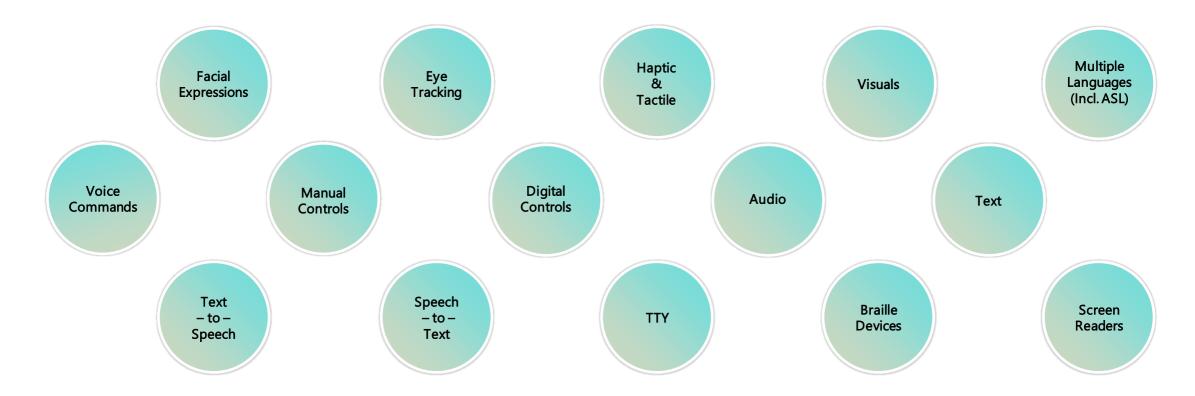
- What changes are within reach?
- Outcomes, not outputs
- Method changes over one-time results
- Think of the change in trajectory



Customization is key.

Multimodality means having or using a variety of modes or methods to do something.

Whenever possible, create multiple ways for the user to perform an action and to receive feedback. There is not one means of engagement that works for everyone.

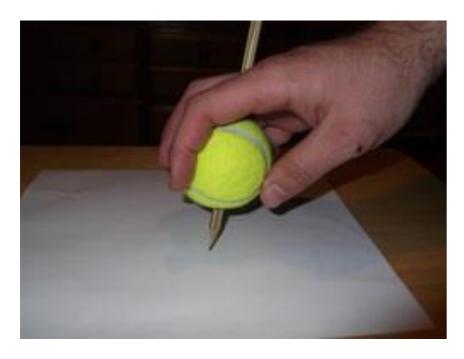


Question whether your idea is truly useful.

Empower with privacy, discretion, and security:

- Consider users who may not own or feel confident with smart technology. What about people who don't have smart tech? Are they left out?
- Weigh the pros and cons of using personal data as we move into AI and other predictive/adaptable tech. Is the outcome worth it to them? If so, ensure data is used and stored responsibly.
- Consider how sensitive information is stored and presented to users who use screen readers or audio-visual inputs and feedback.
- Just because we can do or create something, doesn't mean we should.

Avoid over-engineering.



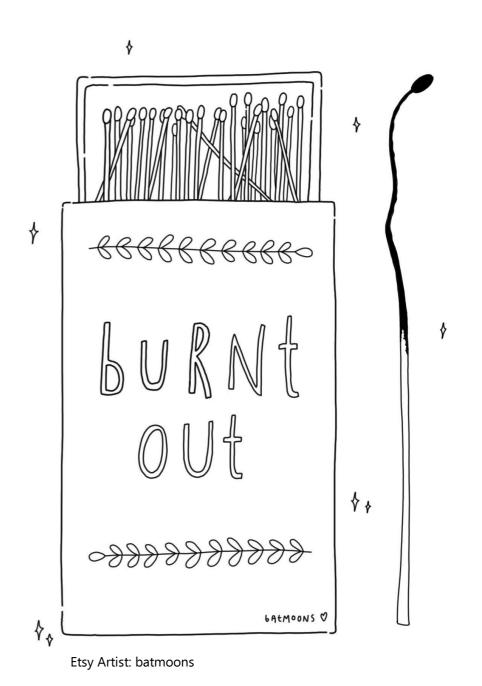
A tennis ball can be used as an assistive device for people who struggle with grasping small items.



Microsoft's Surface Adaptive Kit

Prevent advocacy burnout.

- Don't try to boil the ocean
- Movements require many people
- Find your people and support each other
- Celebrate the wins
- Find joy in connecting with humans
- Unplug



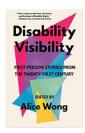
5. Keep learning.



Etsy Artist: MotiveArtPrint

Resources

Successful inclusive design requires deep understanding and empathy. Immerse yourself in voices from the disabled community.



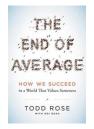
Disability Visibility: First-Person Stories from the Twenty-First Century
Edited by Alice Wong



Mismatch: How Inclusion Shapes Design by Kat Holmes



Demystifying Disability: What to Know, What to Say, and How to be an Ally by Emily Ladau



The End of Average: How We Succeed in a World That Values Sameness by Todd Rose



Beyond Sticky Notes: CoDesign for Real: Mindsets, Methods and Movements by Kelly Ann McKercher



I'm Not Your Inspiration, Thank You Very Much Ted Talk: watch it here



My Disability Roadmap
New York Times: watch it here



Crip Camp on Netflix

Questions?

